Front Desk Role in

Suicide Prevention

Your role in suicide prevention is asking all patients 12 years old and older to complete the PHQ – 2/9

Ask patient to complete the PHQ-2/9

Patient is 12 years old or older

Patient checks in for routine appointment

Patients under 12 years old are not assessed

“*Please take the time to fill out this form. Your provider is interested in how you are feeling. It’s like taking your blood pressure or temperature but it’s focused on how you’ve been feeling over the past 2 weeks. We ask these questions for all of our patients because we care about how you’re doing in all areas*.”

If a patient declines completing the form, please write “DECLINE” on the form, and have patient hand form to MA during rooming. (this will prevent duplicate requests to patient)

Risk Factors, Protective Factors, and Warning Signs: Things to Be Aware Of

|  |
| --- |
| **WARNING SIGNS*** Talking about or wanting die or kill oneself
* Looking for a way to kill oneself, such as searching online or obtaining a gun
* Talking about feeling hopeless or having no reason to live
* Talking about feeling trapped or in unbearable pain
* Talking about being a burden to others
* Increasing the use of alcohol or drugs
* Acting anxious or agitated; behaving recklessly
* Sleeping too little or too much
* Withdrawing or feeling isolated
* Showing rage or talking about seeking revenge
* Displaying extreme mood swings
 |
|  |
| **RISK FACTORS*** Prior suicide attempts
* Misuse/abuse of alcohol or other drugs
* History of mental illness (mood disorders, anxiety, schizophrenia)
* Access to lethal means
* Knowing someone who died from suicide
* Social isolation
* Chronic disease/disability
* Lack of access to BH care
* End of relationship or marriage
* Death of loved on or pet
* An arrest
* Serious financial problems
* Recent discharge from psychiatric hospital
 | **PROTECTIVE FACTORS*** Effective BH care
* Close connections to individuals, family, community & social institutions
* Adept skills in problem solving and coping
* Self-esteem/sense of purpose or meaning
* Cultural, religious or person beliefs discouraging suicide
 |

Updated 5/16/18

Updated 2/27/2018