MA Role in

Suicide Prevention

**BEFORE VISIT**

POSITIVE\*\* response or clinical concern, administer PHQ-9

Administer every patient\*, every visit:

Two Question Screen: PHQ-2

Add “Complete C-SSRS” card to computer monitor

Provider will assess level of risk using the Columbia Suicide Severity Rating Scale

Notify provider if PHQ – 9 was positive\*\*\*

**DURING VISIT**

MA NEXT STEPS

**AFTER VISIT**

**HIGH RISK**

* Ensure patient phone #, address & emergency contacts are accurate
* Schedule follow-up appointment with Provider, BHC or designated staff for within 1-3 days

\*All patients 12 years old and older.

\*\*Positive score on PHQ -2 is a score of “2” or higher

\*\*\*Positive score on PHQ – 9 is **any response other than “0” on question 9**

**MODERATE RISK**

* Ensure patient phone #, address & emergency contacts are accurate
* Schedule follow-up appointment with Provider, BHC or designated staff for within 1 week

**LOW RISK**

* Ensure patient phone #, address & emergency contacts are accurate

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| --- | --- |
| **WARNING SIGNS**   * Talking about or wanting die or kill oneself * Looking for a way to kill oneself, such as searching online or obtaining a gun * Talking about feeling hopeless or having no reason to live * Talking about feeling trapped or in unbearable pain * Talking about being a burden to others * Increasing the use of alcohol or drugs * Acting anxious or agitated; behaving recklessly * Sleeping too little or too much * Withdrawing or feeling isolated * Showing rage or talking about seeking revenge * Displaying extreme mood swings | |
|  | |
| **RISK FACTORS**   * Prior suicide attempts * Misuse/abuse of alcohol or other drugs * History of mental illness (mood disorders, anxiety, schizophrenia) * Access to lethal means * Knowing someone who died from suicide * Social isolation * Chronic disease/disability * Lack of access to BH care * End of relationship or marriage * Death of loved on or pet * An arrest * Serious financial problems * Recent discharge from psychiatric hospital | **PROTECTIVE FACTORS**   * Effective BH care * Close connections to individuals, family, community & social institutions * Adept skills in problem solving and coping * Self-esteem/sense of purpose or meaning * Cultural, religious or person beliefs discouraging suicide |

Updated: 9/27/2018

Risk Factors, Protective Factors, and Warning Signs